Type of Activity Organized (Please tick)	 Management Development Program Faculty Development Program Student Training Program/Certifications Consultancy Co-Curricular Activity Extra Curricular Activity 				
Title	Seminar : Promoting Positive Mental Health amongst Women :Current Scenario and future Directions				
Number of Faculties Coordinating	One				
Name of the Faculty/s Assigned and Designation	Dr. Rekha Narang (Assistant Professor)				
Duration (DD/MM/YYYY)	From Date:08/01/2020			No. of Dorra 01	
Whether On Campus/Off Campus (Please Mention)	On Campus				
		Top Level Managers			
No. of Participants (212) Total Income (if any): Rs		Mid Level Managers			
		Lower Level Managers			
		Professors Associate Professors		01	
		Assistant Professors		08	
		Students		203	
		 Total Expenses (if any): Rs. Grant Received - 2,23000 from National Commission for Women 			
Total Income in Words			Total Income in W	ords	
Description of the Activity: PIMR, Women Empowerment Cell, Bhumika has organized One					
day seminar (National level) on the theme 'Promoting Positive Mental Health Amongst					
Women: Current Scenario and Future directions ' in Prestige Institute of Management and					
Research ,Indore on 8th January, 2020. with the support of National Commission for Women ,					
New Delhi. The Seminar was coordinated by Dr. Rekha Narang					
The primary aim of organizing such a seminar was to Promote Positive Mental Health amongst					
Women ,to know about the current situation of women regarding mental health and to work					

together for better future. Total of 212 participants with diverse fields have attended this Seminar. There were ten resource persons, resource persons were the one with expertise in the respective fields and associated with some of the recognized institutions.









